# SUM 2023Benefits GUIGE



YOUR BENEFITS JOURNEY



#### **OPEN ENROLLMENT**

Open Enrollment begins on November 28 and runs through December 9 Employees will make annual elections in Paylocity - an invite to enroll will be sent

#### **MID-YEAR CHANGES**

Once Open Enrollment ends, the only time you are allowed to make changes to your benefits elections in the middle of the year is if you experience a qualified mid-year change. Examples may include getting married or divorced, having a baby or adopting, or gaining or losing coverage.

You must notify Human Resources within 30 days of the mid-year event to be eligible to change your elections.

#### Your benefits will be active starting January 1, 2023.

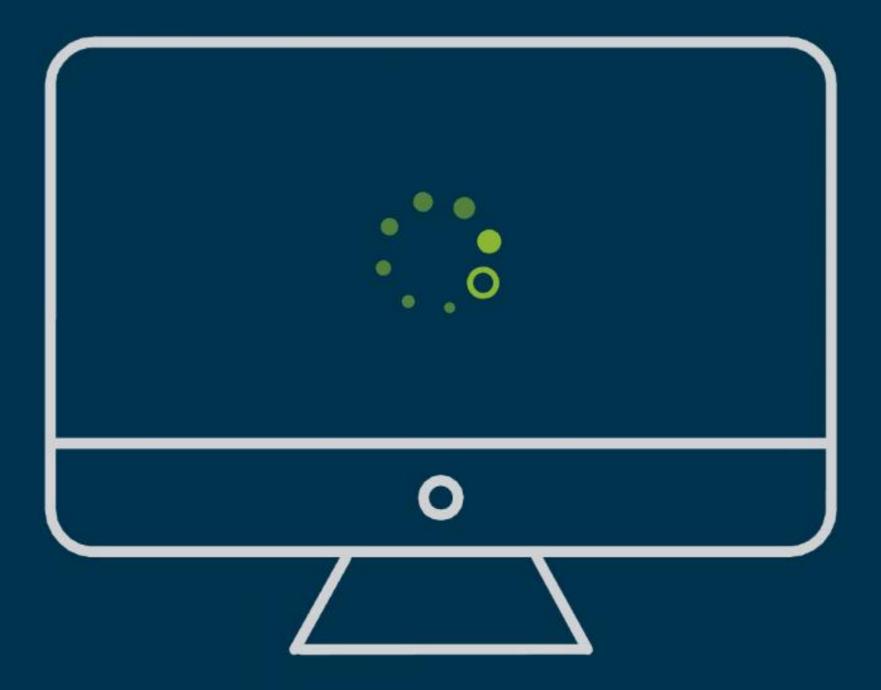






#### **2023 BENEFITS**

- ALL SAVERS will continue to provide 3 medical plans
- PRINCIPAL will continue to provide Dental, Vision, Accident and Critical Illness plans
- MUTUAL of OMAHA will continue to provide Life and Disability plans





#### HOW TO USE THIS GUIDE

When you see the icons below, click to link out to websites, download documents, or learn more!

## YOUR JOURNEY TO

#### **MEDICAL**

Medical insurance helps you pay for preventive care, routine health needs, prescriptions, and advanced procedures by cost-sharing with your insurance provider. Hover over the insurance terms below to learn what they mean!

	CHOICE PLUS	<b>PPO 1000</b>	CHOICE PLUS	PPO 3000	CHOICE PLUS P	<b>P</b> (
DEDUCTIBLE	Individual:		Individual:		Individual:	
	Family:	\$2,000	Family:	\$6,000	Family:	>
	Primary Care:	\$30	Primary Care:	\$30	Primary Care: *	*0
OFFICE	Specialist:	\$60	Specialist:	\$60	Specialist: *	*0
VISITS	Urgent Care:	\$100	Urgent Care:	\$100	Urgent Care: *	*00
	Inpatient:	*20% Coinsurance	Inpatient:	*20% Coinsurance	Inpatient: *	٬0۶
PROCEDURES	Outpatient:	*20% Coinsurance	Outpatient:	*20% Coinsurance	Outpatient: *	°0%
	Emergency Room:	\$300 + *20%	Emergency Room:	\$300 + *20%	Emergency Room: *	°0%
	Generic:	\$15	Generic:	\$15	Generic: '	*0
PRESCRIPTIONS	Brand:	\$35	Brand:	\$35	Brand: '	*0
PRESCRIPTIONS	Non-Preferred Brand:	\$75	Non-Preferred Brand:	\$75	Non-Preferred Brand: '	*0
	Specialty:	\$250	Specialty:	\$250	Specialty: '	*0'
OUT-OF-	Individual:	\$3,500	Individual:	\$7,350	Individual:	\$6
POCKET	Family:	\$7,000	Family:	\$14,700	Family: S	\$1
MAXIMUM	у У					
	Employee:	\$219.69	Employee:	\$116.50	Employee:	\$(
PREMIUMS	Employee + Spouse:	\$867.35	Employee + Spouse:	\$650.66	Employee + Spouse:	
(MONTHLY)	Employee + Child(ren)	\$720.15	Employee + Child(ren)	\$529.26	Employee + Child(ren)	
• • • • • • • • • •	Family:	\$1,397.27	Family:	\$1,087.72	Family:	

#### \*Deductible Applies First

The rates and benefit plan information shown in this guide are illustrative only. To the extent the rates or the benefit plan information summarized herein differs from the underlying plan details specified in the insurance documents that govern the terms and conditions of the plans of insurance described in this guide, the underlying insurance documents will govern in all cases. The insurance carrier will determine the actual rates based upon the final member enrollment, plan selection, funding, type, and eligibility criteria. Until that time, and the carrier's final communication, the rates will be subject to change.



#### All Savers"

#### CHOICE PLUS PPO HDHP 6650

\$6,300 \$12,600

0% Coinsurance

0% Coinsurance

0% Coinsurance

0% Coinsurance

0% Coinsurance

**3% Coinsurance** 

0% Coinsurance

0% Coinsurance

0% Coinsurance

0% Coinsurance

56,300 512,600

\$0.00 \$405.89 \$313.72 \$738.19

#### **REVIEW PLAN SBC & SUMMARY**



- **/ / /** / /

**PPO 3000** 

HDHP 6650

#### Save on Prescriptions!

#### HEALTHIEST YOU



Your life is an adventure, and your HealthiestYou benefit affords you the convenience of receiving medical care while on the go.

• Connect with a board-certified doctor over the phone or video chat to **receive immediate care for your urgent needs**, or **receive a second opinion on a diagnosis** 

Speak with a therapist, dietitian, or
dermatologist for specialized needs over
the phone

The Truth about Telehealth

Cost: FREE on PPO plans; \$45 on HDHP If you think your physical health alone is related to your overall performance, think again. Total Wellbeing as a whole is comprised of 5 elements: **physical**, **financial, communal, emotional**, and **purpose**. To build your overall wellbeing, you have to make sure all of these elements are being "exercised".

Hover over the icons below to learn more!



#### WELLBEING



#### **EMPLOYEE ASSISTANCE**

You encounter more than just health concerns throughout your life. Manage life's curveballs with a confidential and complimentary program designed to provide **counseling, support, and resources for a variety of personal issues** like stress and anxiety, relationship struggles, substance abuse, eldercare, financial worries, and much more.

Get the FREE support you need today:





Take advantage of triple tax savings through an HSA. Reduce your taxable income by contributing into this account, purchase qualified healthcare items free of tax, and earn taxfree interest on HSA investment dollars. Unused funds will roll over from year to year.

You must be enrolled in the company HDHP Medical Plan to be eligible for an HSA.

Learn 8 Life-Changing HSA Tips in Under 8 Minutes! **2023 HSA MAXIMUM CONTRIBUTIONS Individual: \$3,850** Family: \$7,750 Age 55+: Additional \$1,000

#### **FLEXIBLE SPENDING ACCOUNT**

Save tax dollars and receive an advanced loan to assist with qualified expenses with an FSA. Determine your per paycheck contribution in the beginning of the year, and then spend those funds on qualified health expenses or dependent care expenses as needed before the plan year ends.

#### **2023 FSA MAXIMUM CONTRIBUTIONS** Health Care FSA: \$3,050 Limited Purpose FSA: \$3,050

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#### **Discovery Benefits**<sup>®</sup>

a 🕕 🔿 company







#### **Dependent Care FSA:** \$5,000



# YOUR SAVINGS



Good dental hygiene has substantial impact on your overall health. Prevent both oral conditions and other diseases through regular preventive dental care. Hover over the insurance terms below to learn what they mean!

**DPPO LOW** 

ANNUAL DEDUCTIBLE	Individual: \$50 Family: \$150
PREVENTIVE SERVICES	100%
BASIC SERVICES	80%
MAJOR SERVICES	50%
ANNUAL PLAN MAXIMUM	\$2,000
ORTHO SERVICES	50% Adult + Children
ORTHO LIFETIME MAXIMUM	\$1,000
PREMIUMS (MONTHLY)	Employee Only: Employee + Spouse: Employee + Child(ren): Family:

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#### **OUT-OF-NETWORK**

Individual: \$50 Family: \$150	
100%	
80%	
50%	
\$2,000	
50% Adult + Children	
\$1,000	
\$0.00 \$33.90 \$50.03 \$89.93	





Protect your sight and enjoy those sunsets even more with vision insurance. Receive both preventive and materials coverage. Hover over the insurance terms below to learn what they mean!

#### **PPO IN-NETWORK BENEFITS**

EXAMS	\$10
LENSES	Single: \$25 Bifocal: \$25 Trifocal: \$25
FRAMES	\$150 Allowance
CONTACT LENSES	Disposable: \$150 Allowance Medically Necessary: 100% Covered
FREQUENCY OF SERVICES	Exams: 1 x 12 months Lenses: 1 x 12 months Frames: 1 x 12 months Contact Lenses: 1 x 12 months
PREMIUMS (MONTHLY)	Employee Only: <b>\$0.00</b> Employee + Spouse: <b>\$7.30</b> Employee + Child(ren): <b>\$8.23</b> Family: <b>\$17.16</b>

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#### LIFE

You can't put a price tag on your life, but you can protect your loved ones with life insurance in the event of a premature loss.

**BASIC LIFE AND AD&D** - You are automatically enrolled in this employer-paid coverage

FLAT \$25,000

**VOLUNTARY LIFE AND AD&D** - You must submit an application and be approved to be enrolled in this employee-paid coverage.

TIER	BENEFIT	G
EMPLOYEE	Increments of \$10,000 up to 5x your earnings; \$300,000 Maximum	
SPOUSE	Increments of \$5,000 up to \$100,000	
CHILD	\$10,000	

#### Disability Insurance 101

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Accidents and illnesses happen and often when we least expect them. Ensure you are financially prepared to stay afloat in the midst of a

#### SHORT TERM DISABILITY - You are automatically enrolled in this

	60% of your Earnings to a Maximum of \$1,000 a Week
	13 Weeks
	Illness: 8 Days Accident: 1 Days
- T	his coverage is 50% employer-paid
- T	<b>This coverage is 50% employer-paid</b> 60% of your earnings to a maximum of \$5,000 a Month
- T	60% of your earnings to a maximum of

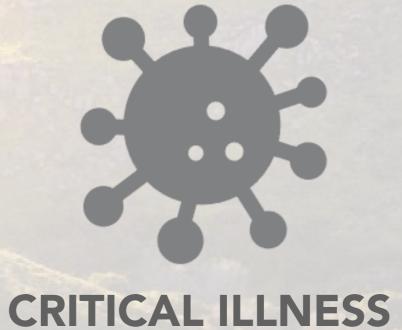
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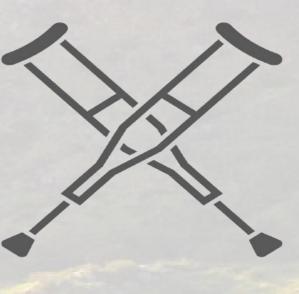
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#### **VOLUNTARY BENEFITS**

Even with medical insurance, you could still be subject to unexpected out-of-pocket expenses in the form of copays, deductible, and coinsurance. Voluntary Benefits provide lump sum payments to be used towards your health care expenses, or however you see fit.







ACCIDENT

#### DOWNLOAD NOTICES HERE

#### READY TO ENROLL?

### Employee Notices

Please review the following required employee notices detailing your rights and options. You can also request a paper copy of any of these notices at any time.

